**EXTREME HEART MAKEOVER  
Pocket Proxe Script**

**1. Introduce yourself, state your purpose, and ask permission.**I’m \_\_\_. We’re with InterVarsity Christian Fellowship and we’re looking to engage with people today about makeovers for their body and heart, and what Jesus has to say about it. Do you have a few minutes to participate?

**2. Invite them to place a dot on the body.**First, we’d like you to place a dot on the part of your body that you would like to change, either through plastic surgery or a personal trainer.

**3. Flip over the Pocket Proxe and engage with the heart makeover.**Thank you for participating. That first part dealt mainly with our outward appearance; now, we are going to look more inward at the heart. If you could have a makeover for your heart, which of these negative characteristics would you get rid of? *(Invite them to place dots in the squares that apply to them for self-hatred, anger, jealousy, racism, pride, lust, or perversion.)*

**4. Ask the spiritual questions around the border of the back side.**We’d love to get your response about the spiritual implications of this. Can I ask you a few more questions?

* Do you think it’s possible to change these realities of your heart? How?
* Are there any spiritual solutions to our heart problem?
* What do you think God’s response is to our heart condition?

**5. Ask permission, and then share the gospel.**

Can I tell you about the extreme makeover that God offers for our hearts? *(See next page.)*

**6. Invite them to respond.**How about you? Would you like to experience the extreme heart makeover that Jesus is offering for your life?



**WORLD 2: Damaged by Evil**

Our world is broken. We have damaged relationships (between others, God, and the world) and the way we view ourselves through the motives of our hearts.

Out of our hearts come evil, injustice, and insecurity. We mistreat others and have a poor view of ourselves.

All of us are affected by this. *(Point back to what they chose as bad characteristics they would get rid of.)*

You can see this in the world as well, in things like war, poverty, slavery, corporate corruption, etc.

**Ask him/her:** What bothers you most about our messed-up world?

**Share from the heart:** It bothers me when \_\_\_\_\_\_. I want things to be better than this.

**WORLD 1: Designed for Good**

God had a better plan. We were created in his image and out of his love to be intimate with God, with creation, with each other. God designed the world for good.

But we wanted to do it our own way. We said, “Screw you, God.”

Because God is just, he demands punishment for the way we treat others and ourselves. That punishment is separation and abandonment.

But God loves us too much to leave us to our own fate.

**WORLD 4: Sent to Heal**

After we make that choice, part of our new identity becomes caring about and participating in the things that God does.

God sends us out in his Spirit to bring healing and new life to the places of brokenness in the world, to fight the injustice that comes from the motives of peoples’ hearts, and to become world changers!

**WORLD 3: Restored for Better**

God came into the world to restore relationships through Jesus.

Our brokenness, selfishness, and bad choices, and all of the world’s as well, were absorbed by Jesus selflessly on the cross. Jesus died for all of the injustice we have done and has been done to us.

Jesus came back to life, giving us the ability to experience peace, hope, and the heart makeover that God desires for us.

We have a big choice to make. We have to ask for Jesus’ leadership in our lives to bring healing and change.